



## SHARED ADVENTURES Activities Calendar & Newsletter SPRING-SUMMER 2010

*Sponsored by Newman's Own Foundation, NVIDIA, The Taylor Family Foundation, The Upjohn California Fund, The Eckhardt Chandler Fund at the CFSCC, Children's Miracle Network, and Pacific Yachting and Sailing*

### Letter From the President

Hi friends,

It looks like the rains have subsided for this year and that all those April showers will bring us May flowers. This is always my favorite time of the year as the days are longer and warmer.

As usual, Shared Adventures has a lot of new and exciting activities and events planned. The Young Artists Studio mural project, sponsored by the Cultural Council, is in the works! We have begun the outline of the mural. Alyssa Sappington is spearheading the project along with the YAS Director, Kim Evens, and YAS teachers Evelyn Markasky and Leah Brandt. Shared Adventures welcomes anyone that is interested to come down and help with this project. We would love to have you! Please see the Young Artists Studio section of the newsletter for more details. Also, we are planning our first ever five day long camping trip at Camp Arroyo, which will take place June 14<sup>th</sup>-18<sup>th</sup>. The Taylor Family Foundation has been big supporters of Shared Adventures throughout the years, and now we have the opportunity to visit their camp. We can have 80-120 people participate in the 5-day program. Some of the camp activities will include horseback riding, swimming, and rock climbing. We're also looking for 10 counselors that can help with this great event. Let us know if you are interested. Camp Arroyo is an amazing low cost opportunity, and should prove to be an exciting week for everyone.

Shared Adventures has hired a new Program Manager! Hayley Farrar-Selle came to Shared Adventures with great enthusiasm and a resume to fill the position. She will be working on many different projects throughout the year including a new Shared Adventures brochure, seasonal activity calendars, and web page updates. Thanks Hayley, we're happy you're a part of the team!

Don't forget about our 18<sup>th</sup> Annual *Day on the Beach* July 17<sup>th</sup>, 2010. We will be having canoeing, scuba diving, and kayaking. The same beach wheelchairs will be there as in previous years, as well as some amazing music and food!

*Our Shared Garden* has been extremely busy since the beginning of the year. Hope Services has brought excited participants each week. They have done most of the garden work including double digging, weeding, planting, and keeping the gophers out! On April 29th we had our first ever Cooking Class where we used vegetables grown from our garden. Allison O'Sullivan and Martha Wegner were instrumental in making this a worthwhile event. It was a great event!

I hope everyone is out having adventures and enjoying this beautiful weather. We have some exciting activities coming up; everyone at Shared Adventures is looking forward to seeing our nearly 1,000 participants very soon!

Take care,



Foster Andersen  
Founder/President

## 2010 Spring-Summer Activities Calendar

*(Attached is a printer-friendly version of this calendar  
or you can access the it online by clicking [here](#))*

Please read our policies first:

**ALL ACTIVITIES ARE FULLY ACCESSIBLE.** Call to discuss any special needs.

### **PAYMENT & CANCELLATION POLICIES:**

Advance payment is required. Your spot will not be confirmed until we receive payment. We require 48 hours notice for cancellations. Less than 48 hours notice will result in no refund. A limited number of scholarships are available. Inquire for application info.

### **PRE-REGISTRATION IS REQUIRED!**

For registration, scholarship or additional information, call our office at (831) 459-7210. Office hours are Tues., Thurs., & Fri. 11:00-5:30pm. If you need help with transportation, you can call Liftline at (831) 688-9663 or ParaCruz which you may be eligible to use at no cost, (831) 425-4664. Carpools can also sometimes be arranged.



## SAILING ON THE BAY

**THURSDAYS, 2-4pm**

**MAY 13 & 27, JUNE 10 & 24, JULY 8 & 22**

**Location:** Pacific Yachting (Aldo's side of the S.C. Harbor)

(Click [here](#) for map & directions)

**Time:** 2-4pm

**Cost:** \$20 (includes one companion)

Board a small luxury sailing yacht and float out of the harbor and into Monterey Bay, where you will see the amazing Santa Cruz coastline from a new perspective! We have a lift to easily transfer people in wheelchairs into the boat. We are lucky to be based in the Monterey Bay National Marine Sanctuary, a federally protected marine area that supports one of the world's most diverse marine ecosystems. The steady and consistent winds, special quality of open ocean sailing, moderate swell, spectacular coastal scenery and abundance and variety of sea life make the our Monterey Bay one of the most ideal sailing locations on the West Coast.

SPACE IS VERY LIMITED AND THIS IS ONE OF OUR MOST POPULAR ACTIVITIES, SO SIGN UP EARLY TO RESERVE A SPOT. *Please only one companion per participant due to limited space.*



## HUMAN RACE WALKATHON

**SATURDAY, MAY 8**

**Location:** Natural Bridges Park (Start/Finish)

(Click [here](#) for map & directions)

**Time:** 7am – 3pm (come any time)

**Cost:** Free

Get some fresh air and exercise along beautiful West Cliff drive while supporting Shared Adventures. You can walk (or roll) on your own or together with our team! To participate in support of Shared Adventures, please contact us by phone or email; we will explain the simple process of signing up and getting sponsorship pledges.



## ROARING CAMP RAILROADS TRAIN

**RIDE through THE REDWOODS**

**SATURDAY, MAY 22**

**Location:** Meet at Santa Cruz Beach Boardwalk, by carousel (Click [here](#) for map & directions)

**Time:** 12 – 3:30pm

**Cost:** Adults- \$18

Children under 12- \$14

Children under 3- free

Hop aboard the historic open-air train and take in the breathtaking views as we journey through the gorgeous redwood forests of the Santa Cruz Mountains and into Felton. We will meet at the Boardwalk carousel and ride up together. At Roaring Camp, we will de-board and spend an hour eating lunch and relaxing before riding the train back. Bring a

sack lunch or you can purchase lunch there.



## INDOOR ROCK CLIMBING FRIDAY, JUNE 4

**Location:** Pacific Edge Climbing Gym  
(104 Bronson St, SC)  
(Click [here](#) for map & directions)  
**Time:** 7:00-9:00pm  
**Cost:** \$10

Try out the fun and challenging sport of rock climbing in a supportive environment, in one of the Central Coast's most renowned climbing gyms, with experienced belayers to guide you! We will have our own private room with 1,500 square feet of climbing terrain.



## BOWLING BY THE BOARDWALK TUESDAYS, JUNE 8 & AUG. 10

**Location:** Santa Cruz Boardwalk Bowl  
(115 Cliff St, SC)  
(Click [here](#) for map & directions)  
**Time:** 4:00-6:00pm  
**Cost:** \$7/game (includes shoe rental)

Join us for a fun filled early evening at the lanes! The bowling alley has recently purchased new ramps and adaptive equipment to make this sport even more easy, fun, and rewarding for people of all abilities. Share some laughs and make new friends while practicing your technique at a great spot near the ocean. Great for all ages.



## LUAU SUMMER SOLSTICE ~FUNDRAISER~ BBQ & DANCE PARTY WITH LIVE BAND SATURDAY, JUNE 12<sup>th</sup>

**Location:** Harvey West Clubhouse  
(275 Harvey West Blvd., S.C.)  
(Click [here](#) for map & directions)  
**Time:** 4-9pm  
**Cost:** \$10 donation per person (includes barbecue)

*\*Because this is a benefit, we are requesting the donation from everyone who comes, including companions*

Grab your grass skirt, flower lei, and dancing shoes and come on out to support Shared Adventures. This party is meant for everyone, including volunteers and participants, to come together and celebrate the longest and lightest day of the year, with a Hawaiian flare! We will enjoy a meal hot off the barbecue, groove to some great live rock and pop music, and offer a silent auction with prizes such as handmade jewelry and massage, and watch the tiki torches blaze! We will also hold bingo matches with lots of FABULOUS PRIZES for the winners!



## CAMP ADVENTURES

JUNE 14 – JUNE 18

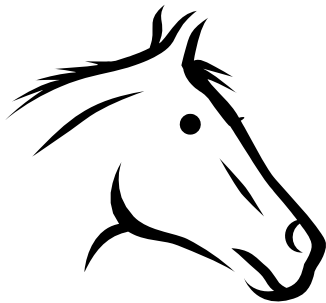
**Location:** Camp Arroyo  
(5555 Arroyo Road, Livermore, CA)  
(60 mi. north of Santa Cruz)  
(Click [here](#) for map & directions)

**Cost:** \$50 per person

Camp Arroyo will include fun with family and friends, pool time, horseback riding, boating on Lake Del Valle, lawn games, art adventures, a dance party, garden time, ropes course with rock climbing, campfires with s'mores, laughter, & fun all in a supportive group environment. Lodging in modern cabins and a dining hall that can accommodate ANY dietary need. Caregivers and family members completely included in the fun!



*Shared Adventures would like to recognize The Taylor Family Foundation for hosting our Camp Adventures held at The Taylor Family Foundation's Camp Arroyo this year. The Taylor Family Foundation's mission is to preserve the wellness and enhance the quality of life for children in Northern California with life-threatening and chronic illnesses, disabilities and youth at-risk through unique therapeutic experiences and support. For more information please visit: [www.tff.org](http://www.tff.org)*



## HORSEBACK RIDING RANCH

ADVENTURE

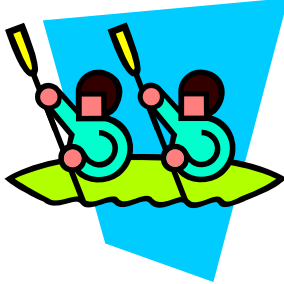
FRIDAY, JUNE 25

**Location:** La Selva Beach  
(15 mi. south of Santa Cruz. Transportation not provided)  
(Click [here](#) for map & directions)

**Time:** 2-5pm

**Cost:** \$7

Come Riding in a supportive environment with the Monterey Bay Horsemanship & Therapeutic Center. Great opportunity to experience ranch activities including taking a trail ride, learning to vault (gymnastics on horseback), taking a tractor or electric car ride around the facility, or giving pony cart riding a try! Activities are subject to availability. A down-home BBQ with music is included. We thank MBHTC for sponsoring the activity so we can offer this highly discounted rate. For more info, visit: [mbhorsecenter.com](http://mbhorsecenter.com)



## SUNSET KAYAK PADDLE SUNDAYS, JULY 11 & AUG. 8

**Location:** UCSC boat launch  
(Aldo's side of Santa Cruz Harbor)  
(Click [here](#) for map & directions)

**Time:** 5-7pm

**Cost:** \$20/person (Please only one companion per partic. due to limited space)

Team up with experienced kayakers for an adventure in the Santa Cruz Harbor on the beautiful Monterey Bay. We will have a large team of experienced kayakers to guide us as we paddle out in the company of otters, seals, herons, and pelicans to watch the sky turn pink as the sun sets. No experience necessary. This is one of our most popular activities, so sign up early to reserve a spot!



## ELKHORN SLOUGH KAYAK EXCURSION

**SATURDAY, JULY 31 & AUGUST 28**

**Location:** Kayak Connection, Moss Landing  
(2370 Highway 1. Approx. 30 min. south of Santa Cruz,  
transportation not provided)  
(Click [here](#) for map & directions)

**Time:** 4-6pm

**Cost:** \$20/person (Please only one companion per participant due to limited space)

Take this unique opportunity to explore an amazing area by kayak! [Elkhorn Slough](#) harbors the largest tract of tidal salt marsh in California outside of San Francisco Bay. This ecological treasure at the center of the Monterey Bay coastline provides much-needed habitat for hundreds of species of plants and animals, including more than 340 species of birds. You will team up with a large team of experienced kayak volunteers to have an unforgettable experience.



## 18th ANNUAL DAY ON THE BEACH SATURDAY, JULY 17

**Location:** Cowell Beach, SC  
(Click [here](#) for map & directions)

**Time:** 12-5pm

**Cost:** FREE!

The countdown has begun, the sun is coming out, and we are getting ready for the best Day on the Beach ever! We will lay down over 160 pieces of plywood on frames to enable those with mobility issues to travel over the sand to activities, and create a unique 7600 square foot little town on the beach, complete with three bands and a fresh and tasty lunch. Cruise around the sand using beach wheelchairs, and experience the lovely Pacific Ocean up close while engaging in sports including kayaking, outrigger canoeing, SCUBA diving, and water floatation.

Pre-registration is required for participants and space is limited. Registration will begin June 17<sup>th</sup>. Volunteers needed!

Please support this event & order your 2010 t-shirt now! The shirt will feature this year's beautiful design and all sales will help fund Day on the Beach. Available in men's, women's, and children's styles in a variety of sizes. You must be able to pick up your shirt at Day on the Beach or at our office.



## **BASEBALL GAME & TAILGATING SATURDAY, AUGUST 14**

**Location:** San Jose Municipal Stadium

(Click [here](#) for map & directions)

**Time:** 4-8:30pm

**Cost:** \$13/person

Come cheer on the San Jose Giants at the historic San Jose Municipal Stadium! Not to be confused with the San Francisco Giants, they are a minor league professional baseball team in the Class A-Advanced California League. They are the 2007 California League Champions, and an exciting team to watch play. Shared Adventures will be meeting in the stadium parking lot at 4pm to enjoy a true tailgating experience. There is an \$8 parking fee paid at the gate (not included in event cost), though if you arrive early enough you may find free parking on the street. The parking lot has 10 disabled spaces. We will provide hot dogs, chips, dips and drinks for the BBQ picnic. The game starts at 6pm and we will have a nice section to sit in that is wheelchair friendly. They will even announce Shared Adventures' name over the loud speaker, welcoming us all to the park! The game will last approximately until 8:30pm. This is a great activity for the whole family!



## **IMAX MOVIE, SAN JOSE TECH MUSEUM, & CAFÉ SATURDAY, AUGUST 21**

**Location:** Tech Museum of Innovation

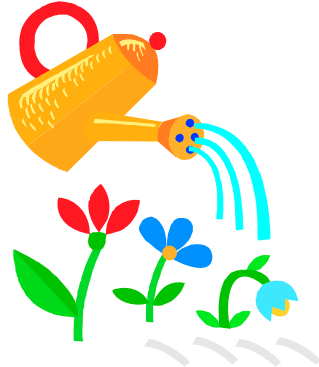
(201 S. Market Street, San Jose)

(Click [here](#) for map & directions)

**Time:** 2-6pm

**Cost:** \$7/person (includes movie & access to Tech Museum), bring extra money for dinner

Home to one of the only IMAX Dome Theaters in Northern California, the theater at The Tech is the ultimate movie experience with crystal clear images up to eight stories high and 13,000 watts of wrap-around digital surround sound! The show will last approx. 45 min, after which we can explore the interactive Tech Museum. With over 240 unique hands-on experiences, there's sure to be something for all ages and interests!



## OUR SHARED GARDEN

Every Monday in MAY, Every Sunday in JUNE & AUGUST & every other Sunday in JULY (Depending on weather)

**Location:** Trescony Park Community Garden  
(Trescony St., S.C.)

(Click [here](#) for map & directions)

**Time:** 12:30-2:30pm

**Cost:** FREE!

Everyone is welcome to join whether you are new to gardening or come with a plethora of experience. We'll spend afternoons in the fresh air sowing seeds, watering, weeding, pruning, harvesting and enjoying. Come watch the greenery grow and reap the harvest throughout the year! This ongoing project is for all ages to enjoy. Wear comfortable clothes that you won't mind getting dirty, and make sure to bring a sun hat. Our Lead Gardener, Allison O'Sullivan, will be there to teach and demonstrate different gardening techniques.

### CRAFT DAYS

We are now offering fun nature-themed arts and crafts.

**Pre-registration is required to participate in crafts.**

**June 20<sup>th</sup>:** Painting Pet Rocks & Flower Pots

**July 18<sup>th</sup>:** Making Solar Ovens

**Aug 1<sup>st</sup>:** Watercolor Painting

**Aug 29<sup>th</sup>:** Making Dream Catchers



## FROZEN YOGURT SKETCHING CIRCLE

LAST TUESDAY OF EACH MONTH (JAN. 26<sup>th</sup>, FEB. 23<sup>rd</sup>, MAR. 30<sup>th</sup>, APRIL 27<sup>th</sup>)

**Location:** Top A Lot Yogurt (738 Water St, S.C.)

(Click [here](#) for map & directions)

**Time:** 4:00-5:00pm

**Cost:** FREE (optional—bring \$ for yogurt)

Try your hand at sketching while chatting with new friends and enjoying a sweet treat. We will have teachers to offer you tips and instruction. Great for all ages!



## YOUNG ARTISTS STUDIO

TUESDAYS and WEDNESDAYS thru JUNE

**Location:** Branciforte Small Schools, S.C.

(Click [here](#) for map & directions)

**Time:** 3:30-5:30pm

**Cost:** FREE!

Young Artists' Studio is an inclusive after-school art program for young people with and without special needs, ages 12-18. Students work with many creative mediums including printmaking, painting, ceramics, and photography. They also benefit from the expertise of guest artists, learn about master artists, take field trips to view local art, and participate in art shows. New students are always welcome!

**PRE-REGISTRATION IS REQUIRED!**

831-459-7210

<http://www.sharedadventures.org>

<http://www.scaccessguide.com>